

TERTIARY ORDER OF THE HOLY PARACLETE

LENT QUIET DAY WITH CHRIS CHAPMAN

14 March 2026 10:30am to 3:30pm



Through the Door of Hope

Stepping into hope within challenging times

Hope has its roots in a God who is always moving into how things are.

The door of hope is open and God steps through it with purpose and compassion. Through this same door we can step out in God into all that is broken apart.

In this day we will explore what hope is and how we can move with it when meeting our own challenges and those of our times.

How do I join the quiet day?

This quiet day is open to all Tertiaries, and all you need to do is to join us on Zoom on March 14th.

The Zoom link is:

<https://zoom.us/j/94091663398?pwd=8qxnxHyIrsdsoMPQnjzbsL55osU8AN.I>

Meeting ID: 940 9166 3398

Passcode: 656235

Timetable for the day

Please join us on Zoom to be ready to start at 10:30am

10:30am Welcome and introduction

10:40am Talk 1 – Through the door of hope

12:00pm Talk 2 - Hope as vision

1:00pm Midday prayer (using TOHP Midday prayer booklet for Friday or accessing online at <https://www.tohpwhitby.org.uk/docstore/1.pdf>)

1:15pm Talk 3 - Hope as 'doing something'

3:00pm Questions and reflections on the day.

3:15pm Evening prayer (text will be available on screen and sent out the week before the quiet day)

CHRIS CHAPMAN



Christopher Chapman is an experienced retreat leader and spiritual director.

He is the author of *Doorways to Hope*, *Seeing in the Dark*, *Earthed in God* and *Send My Roots Rain* (see details below).

He is a regular guest director at St. Beuno's Jesuit Spirituality Centre.

You can find out more about Chris and his ministry here:

<https://www.christopherchapmanspirituality.co.uk/>

Seeing in the Dark

Perspectives on suffering from the Christian Spiritual Tradition

Canterbury Press 2013

Earthed in God

Four Movements of Spiritual Growth

Canterbury Press 2018

Send my Roots Rain

Refreshing the spiritual life of priests

Canterbury Press 2019

Doorways to Hope

40 days of spiritual wisdom

Canterbury Press, January 2025